

# How to Complete the Health Risk Assessment

1. Visit [MyBlueKC.com](http://MyBlueKC.com) or download the [Blue KC-A Healthier You App](#).  
\*Use browser: Chrome
2. Enter your username and password, and click **LOG IN**. If you are a first time visitor, click **REGISTER NOW**. Be sure to have your member ID card available to reference.
3. Once logged in, click on **A Healthier You** from the **My Home** page.
4. First time users will be prompted to complete the registration personalization questions.

